

<b>Author</b>	<b>Title</b>	<b>Source (link if internet)</b>	<b>Notes</b>	<b>Year</b>
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Adams, H. B.	Arousability and the Nature of Alcohol and Substance Abuse			1988
Adams, H. B.	Therapeutic Potentialities of Sensory Deprivation Procedures	International Mental Health Research Newspaper 6(4), 7-9	Book: The Deep Self	1964
Adams, H.B.	The Incredible History of REST Technology	Restricted Environmental Stimulation: Research and Commentary. pp.11 -28. Toledo, Ohio: Medical College of Ohio Press	Biological Effects on REST	1990
Adams, H. B.	Effects of reduced stimulation on institutionalized adult patients	In P. Suedfeld, Restricted Environmental Stimulation." Research and Clinical Applications. New York: Wiley, pp. 320-364.	In the bibliography of 'Enhancement of Scientific Creativity by REST'	1980
Adams, H. B.	Studies in REST III: REST, Arousability and the nature of alcohol and substance abuse	Journal of Substance Abuse Treatment, 5, 77-81	Book: The Deep Self	1988
Adams, H. B.	Studies in REST: Arousability and the nature of alcohol and substance abuse	Report for the U.S. Department of Health and Human Service	Book: The Deep Self	1987
Adams, H. B. Robertson, M. H., Cooper, G. D.	Facilitating Therapeutic personality change in patients by sensory deprivation.	Paper presented at the International Congress of Psychology	Book: The Deep Self	1963

Adams, H. B., Cooper, G. D., & Carrerra, R. N.	Individual differences in behavioral reactions of psychiatric patients to brief partial sensory deprivation	Perceptual and Motor Skills, 34, 199-217	Book: The Deep Self	1972
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Åsenlöf, K., Olsson, S., Bood, S. Å., & Norlander, T.	Case studies on fibromyalgia and burn-out depression using psychotherapy in combination with flotation-REST: Personality development and increased well-being.	Imagination, Cognition and Personality	In the Bibliography of 'Chronic Whiplash-Associated Disorders and REST' by Edebol, Hanna	2007
Åsenlöf, K., Olsson, S., Bood, S. Å., & Norlander, T.	Case studies on fibromyalgia and burn-out depression using psychotherapy in combination with flotation-REST: Personality development and increased well-being.		In the Bibliography of 'Sensory Isolation in Flotation Tanks: Altered States of Consciousness and Effects on Well-being	2007
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Baker D.A	The Use of REST in the Enhancement of Sports Performance-Tennis. Restricted Environmental Stimulation: Research and Commentary	Restricted Environmental Stimulation: Research and Commentary. pp.181-187. Toledo, Ohio: Medical College of Ohio Press	Enhancement of Performance w/ REST	1990
Ballard E.	REST in the Treatment of Persistent Psychophysiological Insomnia	Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives. pp. 187-203	Übersicht Forschungsarbeiten	1993
Barabasz M., Barabasz A. & Dyer R.	Chamber REST Reduces Alcohol Consumption: 3,6, 12 and 24 Hour Sessions			1993
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Barabasz, A. F.	Restricted environmental stimulation and the enhancement of hypnotizability: pain, EEG alpha, skin conductance and temperature responses	International Journal of Clinical and Experimental Hypnosis, 30, 147-166.	In the bibliography of 'Enhancement of Scientific Creativity by REST'	1982
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Barabasz, A.; Barabasz, M.; Warner, D.; and Bauman, J.	THE EFFECTS OF DRY FLOTATION REST ON MARKSMANSHIP PERFORMANCE: MORE DATA	Washington State University, Pullman, WA	NA	
Barabasz, M.; Barabasz, A.	REST EFFECTS ON HUMAN PERFORMANCE	Washington State University, Pullman, WA	NA	
Barabasz M. & Barabasz A.	REST Effects on Human Performance	6th International REST Conference. San Francisco.	Other	1997
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Bood, S. Å., Sundequist, U., Norlander, T., Nordström, L., Nordenström, K., Kjellgren, A., et al.	Eliciting the relaxation response with help of flotation-REST (Restricted Environmental Stimulation Technique) in patients with stress related ailments.	International Journal of Stress Management, 13, 154-175.	In the Bibliography of 'Sensory Isolation in Flotation Tanks: Altered States of Consciousness and Effects on Well-being	2006

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Roderick Borrie, Ph.D.	Toward Wider Clinical Use of Flotation REST	This paper was presented September 25, 2010 at the 2010 Flotation Summit in London, UK.		2010
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